



## **CLASS DESCRIPTIONS - CHILDREN'S CLASSES**

### **Tiny Toes:**

**Age Walking - 3 years**

Our Fusion Tiny Toes class starts your child on their journey into the dancing world with you by their side. We will introduce them to basic dance steps, improve coordination, balance and posture whilst strengthening their little muscles.

During this class we incorporate props, funky dancing, ballet, singing and lots of bonding exercises for a super fun and exciting 30 minute session. Your child's social skills and confidence will develop as they begin to understand their bodies and surroundings.

### **Tots Ballet**

**Age 2.5 - 4 Years**

Our Tots Ballet class combines a simple introduction to Ballet. Learning the basic good toes, naughty toes, and introducing the aspect of correct posture to fun imaginative tracks with the use of props and story telling all with the emphasis of Fun. A 20-Minute Class. Why not combine it with our Tots Tap class. This class is designed to feed into our 3-5 year olds Baby Ballet/Modern class.

### **Tots Tap**

**Age 2.5 - 4 Years**

Our Tots Tap Class teaches the start of the basic fundamental grounding required in Tap dance, to fun imaginative tracks with the use of props and story telling all with the emphasis of Fun. A 20-Minute Class. Why not combine it with our Tots Ballet class also. This class is designed to feed into our 3-5 year olds Tiny Tappers class.

### **Starlight Kidz:**

**Age 3 - 5 years**

Does your child love to sing & dance?

We run a fun class for 3-5 year olds involving party songs, drama games & fun dances allowing the child to grow their confidence, gain individuality, musicality & creativity all whilst learning skills in dance, drama & singing to well known pop and musical theatre songs.

### **Pre-Primary Ballet**

**Age 4-5 Years**

Our pre-primary ballet class covers the ISTD Syllabus and general ballet movements, with the emphasis of FUN. A 20 minute non-exam class that bridges the gap into primary.

### **Pre-Primary Modern**

**Age 4-5 Years**

Our pre-primary modern class covers the ISTD Syllabus and general modern movements, with the emphasis of FUN. A 20 minute non-exam class that bridges the gap into primary.

### **Pre-Primary Tap**

**Age 4-5 Years**

Our pre-primary tap class covers the ISTD Syllabus and general tap movements, with the emphasis of FUN. A 20 minute non-exam class that bridges the gap into primary.

### **Boogie Beats**

**Age 3-5 years**

Our Boogie Beats Classes teaches Jazz dance & Street/Hip-Hop all with the emphasis of Fun. A 20-Minute Class. Why not combine it with our Baby Ballet/Modern & Tiny Tappers class and stay for the hour.



## **ADULT'S CLASSES**

### **Adult Tap**

**Age 18+**

Come and try our Adult Tap Class. It is set as a General class so all abilities are welcome. Come and learn a fab skill and have fun learning routines. A great fitness class and cardio burner.

### **Ballet Fusion**

**Age 18+**

This class combines the basics of ballet technique with the gracefulness of movement in general, to create a fusion workout for the complete beginner or someone returning to ballet after a long break.

The ballet fusion class builds from an easy dance warm-up, to the barre where the basics of the technique of ballet are established. The correct posture (a perfectly balanced line from head to pelvis, long neck and open chest) are stressed, as well as the inner strength the barre exercises require and the coordination to music they need.

From there the class will have developed the strength to move onto the combination of ballet movements which are un-supported in the middle of the studio. These movements demonstrate the gracefulness of the dance form (which can promote grace and well-being in day-to-day life) and allows for personal interpretation of the movements which is often the most enjoyable element of ballet.

The class finishes with stretching and abdominal strength building.

#### **Benefits:**

Throughout the ballet fusion classes you will have increased flexibility, an improved core strength, posture and balance along with enhanced coordination. You will also see your muscular strength improve and in-turn your endurance levels increase.

#### **What to Wear:**

Comfortable clothing, ideally tights or leggings of a lycra or a similar stretchy material to allow the body to move with ease.

### **Adult Dance Fusion**

**Age 16+**

Come and try our Adult dance class. Teaching a variety of styles, it's a great way to get your feet wet in the world of dance as an adult. Great way to keep fit while having fun.

### **NEW Legs, Bums and Tums**

**Age 18+**

Legs, bums and tums is a full body aerobic workout that aims to tone up your thighs, bums and stomach, great for those who want to lose weight or even for those who simply want to improve their fitness levels. Our classes generally start with a gentle warmup to get your body moving. Come and join us!



# **I.S.T.D Graded Dance Classes**

## **Age 5+**

We offer exam opportunities every other year and all our teachers can prepare member's for any of the below exams. We have a 100% success rate.

### **I.S.T.D. TAP GRADES**

#### **Primary Tap/Grade 1/Grade 2/Grade 3/Grade 4/Grade 5/ Grade 6/Intermediate**

##### **RATIONALE**

Tap Dance makes a distinctive contribution to the education of all students, in that it uses movement, which is the fundamental mode of human expression. It offers a range of learning opportunities and enables participants to enjoy physical expression as well as develop intellectual sensibilities. As they work together in Tap Dance, candidates learn about co-operation and develop an understanding of the shaping of movement into artistic forms of expression.

Graded Examinations in Tap Dance are concerned with progressive mastery in defined stages within the context of safe dance practice.

##### **AIM**

The aim of Graded Examinations is to provide an assessment scheme for dance, which gives the basis for the measurement of the individual candidate's progress and development, whether the candidate is pursuing dance as a leisure activity or as preparation for a professional career as a dance teacher or performer.

There are six practical examination grades, numbered from 1 to 6, in order to indicate the increasing order of difficulty (6 represents the highest level of attainment).

##### **OBJECTIVES**

The syllabus objectives for Tap Dance Grades are set out below:

- teach correct posture
- build a sound tap technique
- develop an awareness of tone
- promote the understanding and use of dance terminology
- gain a good sense of line through body, arms and head
- understanding of rhythm and its development
- appreciation of varying musical styles and their interpretation
- develop an awareness of the use of space
- awareness of audience and sense of performance
- encourage a sense of self-expression
- encourage creative use of rhythm and movement
- promote self-confidence in the performance of a solo.

##### **LEARNING OUTCOMES AND PROGRESSION**

Candidates develop the skill and understanding of Tap Dance, at the same time as building a sound technique, by developing the physical ability to communicate through movement in an expressive and artistic way. A clearly defined structure allows learning to take place in the context of safe dance practice. The Graded Examinations build up progressively, ensuring that steps and skills learned at



lower levels prepare for more complex movements as the candidate progresses.

Each Tap Dance Graded Examination allows candidates to progress to the next higher grade in the Tap Dance genre. Also, a range of transfers to other dance genres becomes possible as the candidate develops physically and learns common skills such as running, uses of arms, posture, timing and rhythmic awareness. In this way, with additional teaching input, the candidate is able to develop a broad base of dancing skills.

Following on from the Graded Examinations, candidates may wish to progress to the Vocational Graded Examinations as preparation for employment as a professional dancer or as preparation for dance teaching qualifications.

## **I.S.T.D. MODERN GRADES**

### **Grade 1/Grade 2/Grade 3/Grade 4/Grade 5/ Grade 6/Intermediate**

#### **RATIONALE**

Modern Theatre Dance makes a distinctive contribution to the education of all students, through using movement, which is one of the fundamental modes of human expression. It offers a range of learning opportunities and enables participants to enjoy physical expression as well as develop intellectual sensibilities. As they work together in Modern Theatre Dance, candidates learn about co-operation and develop an understanding of the shaping of movement into artistic forms of expression.

Graded Examinations in Modern Theatre Dance are concerned with progressive mastery in defined stages within the context of safe dance practice.

#### **AIMS**

The aim of Graded Examinations is to provide an assessment scheme for dance, which gives the basis for the measurement of the individual candidate's progress and development, whether the candidate is pursuing dance as a leisure activity or as preparation for a professional career as a dance teacher or performer. There are six practical examination grades, numbered from 1 to 6, in order to indicate the increasing order of difficulty (6 represents the highest level of attainment).

#### **OBJECTIVES**

The objectives of the Modern Theatre Dance graded examination syllabus are set out below:

- Teach correct posture
- Develop the range of movement within the students' natural capabilities
- Build a sound technique
- Promote the understanding and use of dance terminology
- Gain a good sense of self-expression
- Encourage creative movement
- Promote self-confidence in the performance of a solo

#### **LEARNING AND PROGRESSION**

Candidates develop the skill and understanding of Modern Theatre Dance, at the same time as building a sound technique, by developing the physical ability to communicate through movement in an expressive and artistic way.

A clearly defined structure allows learning to take place in the context of safe dance practice. The Graded Examinations build up progressively, ensuring that steps and skills learned at lower levels prepare for more complex movements as the candidate progresses.

Each Modern Theatre Dance Graded Examination allows candidates to progress to the next higher



grade in the Modern Theatre Dance genre. Also, a range of transfers to other dance genres becomes possible as the candidate develops physically and learns common skills such as running, use of arms, posture, timing and rhythmic awareness. In this way, with additional teaching input, the candidate is able to develop a broad base of dancing skills.

Following on from the Graded Examinations, candidates may wish to progress to the Vocational Graded Examinations as preparation for employment as a professional dancer or as preparation for dance teaching qualifications.

## **I.S.T.D BALLET GRADES**

### **Primary Ballet/Grade 1/Grade 2/Grade 3/Grade 4/Grade 5/Grade 6**

#### **RATIONALE**

Imperial Classical Ballet makes a distinctive contribution to the education of all students, through using movement, which is one of the fundamental modes of human expression. It offers a range of learning opportunities and enables participants to enjoy physical expression as well as develop intellectual sensibilities. As they work together in Imperial Classical Ballet, candidates learn about co-operation and develop an understanding of the shaping of movement into artistic forms of expression.

Graded Examinations in Imperial Classical Ballet are concerned with progressive mastery in defined stages within the context of safe dance practice.

#### **AIMS**

The aim of Graded Examinations is to provide an assessment scheme for dance, which gives the basis for the measurement of the individual candidate's progress and development, whether the candidate is pursuing dance as a leisure activity or as preparation for a professional career as a dance teacher or performer. There are six practical examination grades, numbered from 1 to 6, in order to indicate the increasing order of difficulty (6 represents the highest level of attainment).

#### **OBJECTIVES**

The objectives of the Imperial graded examination syllabus are set out below:

- Educate by providing a progressive awareness of the culture and technique of Imperial Classical Ballet through a graded programme of training and assessment
- Provide a form of physical training that is safe, working both sides of the body evenly, alongside the development of artistic and musical appreciation

#### **LEARNING AND PROGRESSION**

Candidates develop the skill and understanding of Imperial Classical Ballet, at the same time as building a sound technique, by developing the physical ability to communicate through movement in an expressive and artistic way. A clearly defined structure allows learning to take place in the context of safe dance practice. The Graded Examinations build up progressively, ensuring that steps and skills learned at lower levels prepare for more complex movements as the candidate progresses.

Each Imperial Ballet Graded Examination allows candidates to progress to the next higher grade in the Imperial Classical Ballet genre. Also, a range of transfers to other dance genres becomes possible as the candidate develops physically and learns common skills such as running, use of arms, posture, timing and rhythmic awareness. In this way, with additional teaching input, the candidate is able to develop a broad base of dancing skills. Following on from the Graded Examinations, candidates may wish to progress to the Vocational Graded Examinations as preparation for employment as a professional dancer or as preparation for dance teaching qualifications.



## Progressive Ballet Technique:

Our Progressive Ballet technique class is an innovative program developed for students to understand the depth of training muscle memory; work on their posture; and improve their flexibility. Each exercise has been developed with care and guidance.

There are specific class plans that the teacher will be using for training the core muscles, intrinsic foot strength, port de bras, proper body alignment, flexibility and so much more. The goal is for students to be able to feel stronger, confident and have a better understanding of how the muscles work when they are dancing.

## Jazz Classes

### Junior, Senior & Advanced Classes

**Juniors - Age 6-10 Years**

**Seniors - Age 11+ Years**

**Advanced – Age 14+ Years**

Our Jazz classes will involve learning various styles of Jazz dance, from Modern Theatre- Street- Disco Freestyle - Lyrical-Hip-Hop – Contemporary. The Advanced Jazz class will teach different styles of Jazz including Street, Lyrical, Modern Theatre, plus also various Latin Ballroom styles such as Lindy Hop, Swing & Jive to include Partner work lifts.

## Contemporary Classes

### Junior, Senior & Advanced Classes

**Juniors - Age 6-10 Years**

**Seniors - Age 11+ Years**

**Advanced – Age 14+ Years**

As seen on 'Dance Mums'. Our contemporary classes focus on technique and tends to combine the strong but controlled legwork of ballet with modern that stresses on torso. It also employs contract-release, floor work, fall and recovery, and improvisation characteristics of modern dance. Unpredictable changes in rhythm, speed, and direction are often used, as well.

## Street/Hip-Hop Class

### Ages 5-7, 8-11 12-15 & 16+ Years

Our Street/Hip-Hop Classes teach the art, strength & discipline of various styles such as; Street, Commercial, Locking, Popping, Robotics, Electric Boogaloo, Ticking, Waving, Breaking, Waacking, House, MJ Style, Urban Hip-Hop. Classes are for all levels. Brought to you by Professional level Teachers at the top of their gain in the Hip-Hop Industry. Selected students may also be invited to be part of our Hip-Hop Crews.



## Acrobatics Arts Training Classes

Ages 3+

### Acrobatic Arts Classes Level 1/2, 3/4/5, 5/6, 6/7, 7/8

Our Acro Training Class follows the Acrobatic Arts Syllabus and teaches the art, strength & discipline of Gymnastics, with warm-up's, and flexibility training. It will involve basic gymnastics moves progressing to a harder level depending on the child's ability. This class will also teach tricks & stunts which involves team work. A great class to improve strength, poise & flexibility and be part of a fun class involving team work. We also offer 30 minute Private Tuition Lessons available for 1- 3 students (3 Maximum). The level classes are based on ability and not age.

## Musical Theatre Classes

### Musical Theatre

Ages 6+, 9+, 13+ Years

A training class designed as an introduction to musical theatre, to include singing, drama and dance. Learning West-end routines and fun pop songs. We also offer the opportunity to take L.A.M.D.A Exams in Musical Theatre, Acting & Verse & Prose.

### MUSICAL THEATRE COMPANY

Ages 7 – 21 Years (Junior and Senior)

Our Musical Theatre Company are trained on a professional level covering the below;

- Musical Theatre Training sessions
- Show specific Workshop days
- Learning and training using all three Disciplines
- High Quality Show Opportunities in The West End & Locally
- Agency Representation
- In House- Productions
- Workshops from Industry professionals

Acceptance is via Audition only

## Drama Classes

Ages 5-7, 8-10, 11+

Our Classes will be designed to include fun activities to increase confidence, diction, creative movement, mimes to music, improvisations, script reading & scene work, performance and audition technique, acting for camera workshops and show reels, Lamda Exams. We will also be offering performance opportunities and productions.

## NEW Cheerleading Classes

Age 7+

Our cheerleading dance lesson offers a mixed form of dance and covers many elements of cheerleading – including cheers, chants, dance, kicks and basic stunting, for performers of all levels and experience.



## THE FUSION DANCE TROUPE COMPANY

For ages 6 – 21 Years.

The Fusion Dance Troupe Company are our performance based dance company who are trained on a professional level covering the below;

- Street Dance
- Hip-Hop
- Modern Jazz
- Lyrical
- Contemporary
- Gymnastics

They regularly perform in professional and amateur shows & events and are also offered the opportunity to take I.S.T.D Disco/Freestyle & Street-Hip –Hop Medal Test Exams.

Acceptance is via Audition only

## Competition Team Classes/Crews

Fusion Performers Competition Teams/Crews are our elite team of students who are trained on a professional competitive level covering the below;

- Tap
- Modern/Lyrical/Jazz/Contemporary/Acro
- Street/Hip-Hop

They regularly enter large-scale competitions across the Country representing the School. Acceptance is by invitation only.

## PRIVATE TUITION DANCE & ACRO LESSONS

### ACRO

We offer 30 minute Private Tuition Lessons in Acro. Whether it be for confidence building, fun, specific trick learning, or competition work. These can be booked as a solo lesson, for two sharing or three students sharing (Maximum of 3 students only).

### DANCE

We offer 30 minute Private Tuition Lessons in most dance genre's. Whether it be for confidence building, fun, specific dance style learning, or competition work. These can be booked as a solo lesson, for two sharing or three students sharing (Maximum of 3 students only).

**Private Tuition** gives the opportunity of building confidence by **100%**.

Having one on one private training with Fusion Performers ensures that the best is brought out of each member compared to a group lesson where students blend into the background given greater value of money and a higher and faster improvement rate. **Private training ensures correct practising meaning consistent improvement.**



## PRIVATE TUITION SINGING & ACTING LESSONS

We offer 30 minute Private Tuition Lessons in Singing and Acting. Whether it be for confidence building, fun, specific song/monologue learning, audition technique. These can be booked as a solo lesson, or for two (Maximum of 2 students only).

Private Tuition gives the opportunity of building confidence by 100%.

The **professional singer** has to be especially concerned with vocal care and normally reacts to the slightest disorder of vocal imbalance by seeking out a voice coach to correct it. On the other hand the amateur who gets hoarse often battles on until they lose range and voice quality. Private Tuition ensures Singers understand Audibility, Clarity and Performance Space and by helping to develop these skills gives Singers a far better voice and the added benefits of long term vocal care.

The **professional actor** has to be especially concerned with finding the ability to be themselves and believe in them self. Private Tuition brings quicker confidence unlocking imagination and creative thinking ,developing communication skills, refining technical skills and artistry.

Having one on one private training with Fusion Performers ensures that the best is brought out of each member compared to a group lesson where students blend into the background given greater value of money and a higher and faster improvement rate.

**Private training ensures correct practising meaning consistent improvement.**



### L.A.M.D.A. EXAMS

All of the below can be taught via our Private tuition classes. We offer exam opportunities once a year and all Private tuition teachers can prepare member's for any of the below exams. We have a 100% success rate.

### ACTING

LAMDA examinations in Acting use the preparation and performance of dramatic scenes to support the development of self-confidence and communication skills. By portraying other characters, learners can explore a range of different personalities and emotions, which in turn makes them more emotionally aware and empathetic. Exploring different characters also allows learners to get to the heart of how feelings and emotions dictate behavior, encouraging them to become more self-aware. As with all LAMDA examinations, the development of a clear speaking voice and good body language are an integral and positive product of the exams.

### MUSICAL THEATRE

LAMDA examinations in Musical Theatre help students to develop their acting and singing skills. Like our Acting exams, they encourage empathy and self-awareness, as learners are required to present believable characters through both acting and song.

### VERSE & PROSE

Introductory examinations are designed to introduce learners to creative expression and to the LAMDA examinations framework. Learners will develop the ability to share a poem and respond to simple questions with confidence, while also enhancing their memory and recall skills. LAMDA examinations in Speaking Verse and Prose use poetry and prose to develop effective oral communication skills that will prove invaluable throughout life. Performing texts from memory develops strong presentation skills and a good speaking voice. Equally importantly, memorising a

Fusion Performers



number of pieces encourages self-discipline and focus. From Grade 4 and above, where sight-reading is introduced, these exams also help candidates to think on their feet.

# FUSION ENTERPRISES

**We also offer:-**



**Fusion Actz**  
**Artist Management**  
**\* Audition acceptance only**

## **FUSION ACTZ**

The Entertainment Department of The Fusion Stars Agency '**Fusion Actz**' are also proud to have selected singers & dancers regularly booked on amateur & professional events such as charity nights, light switch on's, firework events, corporate events and many more.

**Bringing the talent to you ...**